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One&Only



**PRIVATE VILLA
RESIDENCES
NOBODY DOES IT BETTER**

**THE MASTER CHEF
CHEF BRUNO SHARES
HIS SECRETS FROM DUBAI**

**MALDIVIAN
PLAYGROUND
ART, TURTLE HATCHING
AND BODYISM**

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BEACH BARBECUE, ONE&ONLY REETHI RAH, MALDIVES



BAHAMAS

CAPE TOWN

DUBAI

GREAT BARRIER REEF

LOS CABOS

MALDIVES

MAURITIUS

MONTENEGRO

SANYA

One&Only

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For 26 years Elegant Resorts has explored the globe for the finest in high style travel.

Indeed we have explored far and beyond, being the first UK Accredited Space Agent to offer a space flight with Virgin Galactic. We continue our search for the superlative in jets, yachts and holidays and are delighted to say this search so often leads us to a One&Only resort somewhere in the world.

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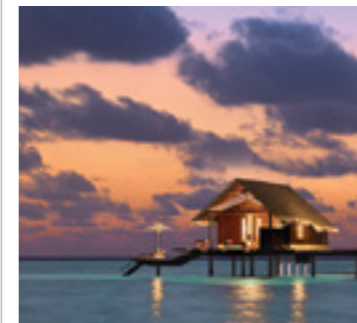


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SCUBA DIVING ADVENTURES, ONE&ONLY REETHI RAH, MALDIVES

Playground of the Maldives

A TROPICAL PLAYGROUND IN THE MALDIVES WITH NEW PLEASURES FOR ALL - ART, NATURAL WONDERS AND BEAUTY.

This private island in the North Malé Atoll promises seclusion but creative minds are always innovating so each day can be filled with new pleasures, be they sensual, sophisticated or high-speed.

ART

Take One&Only Reethi Rah's new Artist in Residence, Christopher Hogan. His classes in abstract art proved so popular amongst both adults and families he now has a permanent beachside studio at the resort. Explosive colour on canvas is the key feature of Hogan's work. He is inspired by vivid underwater beauty so it is perfect to work on an island surrounded by a dazzling kaleidoscope of tropical reefs.

a rare and wondrous sight when the new born turtles make their hectic dash across the sands in a race for survival. Guests staying on this extraordinary night are invited to assist, which it's always an emotional experience. Kids are enraptured and many adults are visibly moved.

SPEED AND SPORTS

For those more inclined to the fast and furious there is an irresistible mix of new sports including a fleet of high powered jet skis, a challenging 26 foot (7.9 metre) climbing wall and a top specification Golf Simulator, bringing the challenges of St Andrews to the tropical beauty of this private island.

HEALTH

If the fresh natural surroundings inspire the green goddess in you, then book into a Bodyism class. James Duigan literally wrote the book on 'Clean and Lean', sought after from Knightsbridge to Hollywood, his cutting edge nutritional, movement and supplement protocols promise to sculpt bodies into athletic perfection.

One&Only Reethi Rah is the largest island outside of Malé with acres of space for both body and mind to relax; but it is designed as more than a luxurious hideaway, it is somewhere guests can revive interests and discover new ones, stimulated by the many world class experts and facilities brought in for their pleasure.

"PEOPLE PICK UP A PAINT BRUSH FOR MANY REASONS, OFTEN IT IS THE FIRST TIME THEY'VE MANAGED TO FIND TIME TO TAP THEIR INNER CREATIVITY SINCE SCHOOL."

CHRISTOPHER HOGAN

The affable Australian believes that for some it is about more than a painting lesson: "People pick up a paint brush for many reasons, often it is the first time they've managed to find time to tap their inner creativity since school." It is all extremely therapeutic.

TURTLES

Another one of the resort's latest appointments is a dedicated marine biologist. Zoe Andrews launched the island's reef propagation project and caretakes the annual turtle nesting in May and hatching from June. Turtles are easy to spot on the surrounding reefs, but it is



CHRISTOPHER HOGAN'S ABSTRACT ART



BODYISM CLASS

ONE&ONLY REETHI RAH OFFER

From £2,575 per person for 7 nights – saving £3,620
Includes complimentary half board, flights, complimentary shared yacht transfers & UK lounge passes

To book, please call 01244 897507 or visit elegantresorts.co.uk/oneandonly

WHALE SUPERLATIVES

WITNESS THE LONGEST MAMMAL MIGRATION IN THE WORLD AND SWIM WITH THE LARGEST FISH IN THE SEA.



For three months from December, magnificent grey whales make their annual migration to breed in the warm tropical waters of Los Cabos. The 19,000 kilometre (12,000-mile) round trip is the longest migration by any mammal on earth and one of the world's most awe-inspiring spectacles. The whales stay until late March then return back round the Baja Peninsula, passing right below San Jose del Cabo where One&Only Palmilla is located, giving guests a spectacular shore-side view, before continuing north through the Pacific Ocean to Alaska.

The grey whales arrive in such numbers off shore that guests out on the One&Only Yacht, a 40 foot Azimut, are more or less guaranteed excellent sightings. Grey whales can also be spotted from almost anywhere in the resort, with judiciously placed binoculars, as there are all round marvellous views over the Sea of Cortez. Sitting by the Vista Pool and observing a 50 tonne adult breaching the water's surface is quite something.

Meanwhile whale sharks, the goliaths of the sea, arrive in Los Cabos to feast on the plankton-saturated waters during the winter months. The world's largest fish reach over 13 metres (42 feet), yet they are the most docile of creatures with all their concentration focussed on consuming sufficient plankton to feed their 5 tonnes of bodyweight. Light spotter planes can carry guests through the sky to seek out whale sharks in their feeding grounds, landing on the water in their midst. And it is possible to swim with the whale sharks, observing them up close as they glide serenely through the water, their colossal mouths gaping, benign to all around but minuscule marine life.

An altogether different lure for many guests is The Palmilla Golf Club, home to Jack Nicklaus' first signature course built in Latin America, reputedly one of the finest layouts on the Los Cabos Corridor and remarkable for its varied landscape. The 27-hole course has



27-HOLE GOLF COURSE



AGUA BAR

sea, desert and mountain golf, wrapped up in one. And if a guest is torn between whale watching and golf, the caddy will be delighted to add a pair of binoculars to the bag, presenting the rare chance to play an outstanding round while spotting these magnificent leviathans in their natural habitat.

A sundowner at Agua bar, One&Only Palmilla, is the place to end the day, contemplating the infinite sea and the majestic creatures beneath its surface.

ONE&ONLY PALMILLA OFFER

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Including breakfast, a \$200 resort credit, flights, 2 x rounds of golf, private car transfers & UK lounge passes

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10 OUT OF 10 FOR STYLE



'ONE&ONLY LIMITED EDITION' - THE EXCLUSIVE FASHION COLLECTION CREATED BY 10 OF THE WORLD'S LEADING DESIGNERS, CELEBRATING 10 YEARS OF STYLISH TRAVEL AT ONE&ONLY RESORTS

Each designer was inspired by the natural beauty and style of One&Only destinations around the world to create these bespoke pieces. 'One&Only Limited Edition' is available now at One&Only NEO boutiques around the world in the Maldives, Mauritius, Cape Town and Los Cabos, Mexico.



CHARLOTTE OLYMPIA

Charlotte Olympia Dellal's 'Limited Edition' shoe design, made from layered abstract palm leaves in green suede, injects some high-fashion glamour into any holiday wardrobe. Charlotte has also created a clear Pandora Box, the perfect resort holiday clutch, with raffia inserts.

CAMILLA FRANKS

Australian designer Camilla Franks is internationally recognised for her luxurious fashion statements. This stunning kaftan is typical of Franks' playful and colourful style, combining striking design with relaxed comfort, an aesthetic synonymous with One&Only resorts around the world.



MATTHEW WILLIAMSON

A fashion icon known for his bright and vibrant prints, Williamson has created a striking kaftan for One&Only's 'Limited Edition' collection. Inspired by the Maldivian colour palette of One&Only Reethi Rah, the kaftan takes you straight from beach to impromptu cocktails.



MELISSA ODABASH



The luxurious swimwear and beachwear by American fashion designer Odabash is sought after in 48 countries, but this natural raffia hat is exclusive to One&Only. Melissa's design is inspired by the stylish yet understated beach style for which One&Only is renowned.



TALITHA

One&Only and Talitha are a match made in heaven. Kim Hersov and business partner Shon Randhawa create travel inspired pieces that also work in town. One&Only will have the beautifully elegant 'Kimono' from Talitha's 'Bohemian Collection'. This classic white, delicately embroidered piece is quintessential beach glamour for exotic climes.

ORLEBAR BROWN



Photographer and designer of the smart men's swimwear line, Adam Brown has created an exclusive 'Tommy Paradiso Shirt' with a print inspired by the exotic travel hotspots of One&Only. He has also designed 'Classic Bulldog Shorts', which come in three colours; light blue, teal and navy.

LILY AND LIONEL

Alice Stone of fashion house Lily and Lionel has made her mark on the textiles industry with a line of iconic printed scarves in luxurious fabrics. For One&Only 'Limited Edition', Alice has designed four prints, mirroring the patchwork of vibrant colours at One&Only resorts with her signature touch of refinement.



LINDA FARROW



Linda Farrow was one of the first to treat sunglasses as a fashion item. Indispensable to the 'Limited Edition' collection is a pair of vintage-style sunglasses, designed with the timeless elegance of One&Only in mind.



BEX ROX

Self-taught London jewellery maker, Bex Manners was inspired by the rainbow of aquamarine splendour found at One&Only resorts, to develop a glamorous collection comprising earrings, a cuff, a collar and a ring in her bold statement style. Perfect against sun-kissed skin and elegant beach attire.

THOM SWEENEY



Tailoring duo, Thom Whiddet and Luke Sweeney, are renowned for their immaculately crafted bespoke suits and shirts for men. Their 'Limited Edition' design for One&Only features a range of seven shirts; from light blue stripes to light pink and white, for the stylish man on holiday.

RECHARGED ADULTS AND ENERGISED KIDS

**STYLISH RELAXATION AND A HEAP OF
FAMILY FUN AT ONE&ONLY LE SAINT GÉRAN.**

Guests arriving on the beautiful Belle Mare peninsula experience the finest shores of Mauritius, the opulent Villa Residence, cuisine by Michelin-starred chef Vineet Bhatia, afternoons of sensual therapies at One&Only Spa, but when those guests are children? They just want to have fun and they want it all now. At One&Only Le Saint Géran they can have it; there's a raft of complimentary activities so families can revel in time together, enjoying new experiences to create lifetime memories. No one will forget the first time they strolled like Captain

Nemo over the seabed or swam with dolphins, walked with lions, flew through the sky on a zip wire or spotted their first Mauritian flying fox.

Meanwhile staff are falling over themselves to help entertain youngsters, ensuring adults are supine by the sea for as long as their hearts' desire.

With expert tuition and no limit on time or how often you fall in, this is the ideal place for everyone to return home with a new skill; water skiing, sailing, kayaking or kite surfing. The clear, sheltered lagoon is terrific for young swimmers earning their

fins and a concentrated course is renowned for transforming kids' swimming abilities.

Those aching to get onto a green will be delighted with the lush Gary Player 9-hole, par-33 course with no fees for guests, and free lessons for young beginners. Others more drawn to the spa will love the Family Sanctuary with treatments to share, such as the Martini and Manicure where the parent sips their cocktail and experiences a Bastien Gonzalez foot treatment while the young guest enjoys a spa-tini and dancing toes pedicure.

**KIDS WILL BE
SPOILT ROTTEN,
WHILE EXPLORING
THE GARDENS,
TAKING A NEW
CLASS PERHAPS
IN BOXERCISE OR
LIFEGUARD
TRAINING**



KITE SURFING, ONE&ONLY LE SAINT GÉRAN, MAURITIUS



Dining offers settings and cuisine for all to relish. Imagine a beach party by your own tepee and open fire, being served a parade of delicious dishes. Meanwhile chefs have created menus that guarantee young palette approval.

If parents are worried about their kids being spoilt it is completely warranted. At KidsOnly the gurus

of fun will ensure they're spoilt rotten, while exploring the gardens, taking a new class perhaps in boxercise or lifeguard training, and messing about with young mates. Basically this energetic kids' club team will take children off their parents' laps so they can slip into their own lap of luxury, entirely guilt free.

ONE&ONLY LE SAINT GÉRAN OFFER

From £5,345 per family for
7 nights – saving £2,765

Includes complimentary half board,
flights, private car transfers &
UK lounge passes

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Master

Chef

IT IS FAIR TO SAY
THAT CHEF BRUNO AT
ONE&ONLY ROYAL MIRAGE
HAS ONE OF THE BIGGEST
JOBS IN THE BUSINESS.



CHEF BRUNO, ONE&ONLY ROYAL MIRAGE, DUBAI

He manages a team of 160 chefs, throughout 17 restaurants and bars with astonishing consistency, creating one of the Emirates' leading gourmet destinations.

The passion for gastronomy is evident whether tasting a mezzeh reclining on the rooftops, or freshly caught Hamour on a floating deck by the sea. As complex as the prevalent scents and flavours are, Chef Bruno assures us that some of the dishes are possible to replicate in the more relaxed confines of a private kitchen. He suggests this recipe, a favourite starter from 'Celebrities' restaurant which is easy to make all year round. Travellers might note that caviar is a particularly attractive purchase at Dubai Airport Duty Free. Do not be daunted. By following the steps it is remarkably easy to achieve an impressive dish of elegant salmon rolls finished with caviar.

But Chef Bruno has some important advice before anyone even begins to cook; it all starts with the shopping, as the key to superb ingredients is seasonality. He observes that Dubai is magnificent for a chef as most produce is imported, enabling him to source the finest from around the world. He personally loves seafood and there is an abundance of fresh fish in the Arabian Sea from December to April, however when the water is warm he turns to cooler climes, as the temperature of the water significantly affects the flavour of the fish. Chef Bruno sources his meat seasonally too, following the summer suppliers around the world, where the grass is lush and cattle are well fed. And his last tip, never eat a peach in December; it is too late to be grown in Europe and too early to have ripened in Australia, so wherever it comes from it may be beautiful but it will be tasteless!

CONFIT SALMON WITH CAVIAR AND PINEAPPLE DRESSING



INGREDIENTS (4 PORTIONS)

Main ingredient:
200g Smoked salmon

Salmon Farce or 'stuffing':

200ml White wine
300g Fresh salmon
1/2 Bunch chives
100g Chopped shallots
1 Lemon, juiced

Mayonnaise:

50g Whole grain mustard
1 Egg yolk
220ml Olive oil
Salt & pepper

Dressing:

1L Fresh pineapple juice
10ml Xeres vinegar

Presentation:

50g Salmon egg
100g Baby cress salad
20g Caviar

METHOD

1. Bring wine and shallots to a boil in a small saucepan over high heat. Reduce the heat to low and add the fresh salmon. Gently poach until salmon is barely opaque in centre, approximately 3 minutes. Transfer to a paper lined plate to drain. Place salmon and shallot in a large bowl, cover and chill until completely cooled.
2. Make your mayonnaise, by whisking the egg yolk with the mustard and gradually adding the oil while continuing to whisk. Begin drop by drop to avoid curdling.
3. Add the mayonnaise, chives, lemon juice to the poached salmon. Gently mix just to combine. Season to taste with salt and pepper. This completes the farce.
4. Place a generously heaped tablespoon of salmon farce at the shorter end of a slice of smoked salmon. Roll up and place on a plate with the seam at the bottom. Make three portions of salmon rolls per plate. For the decoration, add the caviar on top of each roll.
5. For the dressing, reduce the fresh pineapple juice with the Xeres vinegar until a sauce consistency, then cool.

ONE&ONLY ROYAL MIRAGE OFFER

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SECRETS TO A LITHE BODY

Just being at One&Only Ocean Club is a health-infusing experience, with white sand beaches, cerulean clear sea and gardens scented with exotic flora.



“LOVE YOURSELF A LITTLE BIT MORE. THAT EXTRA LOVE WOULD ENSURE THAT YOU WOULD DO MORE TOWARDS LIVING A HEALTHY LIFE”

LEO ROLLE, TENNIS PRO, ONE&ONLY OCEAN CLUB

Take a deep breath of fresh Bahamian air and vitality courses through your body. Nonetheless keeping trim is invariably a challenge when surrounded by fine restaurants with new cuisines to explore, dining after all is a large part of the pleasures of travel. So tennis pro, Leo Rolle and Fitness Director, Larry Nairn offer some advice.

One&Only Ocean Club has six clay tennis courts, the most renowned is the sunken court where tennis pro Leo Rolle has conducted business since his Davis Cup debut for the Bahamas. He regularly coaches returning guests and is a great favourite. At 68 with a youthful physique, he is also extraordinarily fit; he has played eight hours' tennis each day for more than 46 years at One&Only Ocean Club without one injury. When asked what his secret is Rolle muses that it is little more than leading a healthy existence; running on the beach, eight hours sleep at night, only drinking socially, no caffeine.

He sums this up: “Love yourself a little bit more. That little bit of extra love would ensure that you would do more towards living a healthy life, eating right and exercising frequently.” Not such a secret, but he is living proof of its efficacy.

Meanwhile Fitness Director Larry Nairn, offers his own four tips for a healthier holiday while guests still enjoy themselves.

1. First thing - pack your trainers.
2. Stay moving. One&Only Ocean Club has amazing beaches, a brisk 30 minute walk each day along the sand can burn 300 calories or more.

3. Take advantage of daily complimentary fitness classes.
4. Top trainers are always available, call in and reserve a session.

The resort's fitness centre is a valuable facility, fitted with sophisticated Technogym® equipment. Personal trainers provide guests with individual regimes on a USB, thereafter a port on the Technogym® equipment enables returning guests to load up their details and all cardio equipment will be automatically reset for a personal workout. There are also complimentary yoga classes every morning which Nairn heartily recommends: “Flexibility improves blood circulation and consequently energy levels, another step to a lithe body.”

Golf is also a highlight at One&Only Ocean Club. The par-72 course, masterfully conceived by Tom Weiskopf on Paradise Island's peninsula, is stunningly beautiful, all 18 holes have sea views and the signature number 4 juts right out over the Caribbean. Taking a swing by that clear blue is enough to make your heart soar, some gentle exercise in itself.

ONE&ONLY OCEAN CLUB OFFER

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Includes complimentary breakfast, flights, private car transfers & UK lounge passes

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Nobody does it better

FROM BOND STYLE GLAMOUR TO SERENE SOLITUDE ON SOFT SANDS, THESE PRIVATE VILLA RESIDENCES OFFER THE ULTIMATE IN SECLUDED LUXURY.

Breakfast is served with toes dipped in soft warm sand and not another soul for 2,000 square metres on this private beach. Reclining in splendid solitude by a pool, which seemingly spills into the Sea of Cortez, as a magnificent grey whale passes on its annual migration. Some small moments of bliss offered by the unashamedly extravagant Grand Sunset Residence at One&Only Reethi Rah and the chic hacienda at Villa Cortez, One&Only Palmilla.

Meanwhile a backdrop for suave secret service agent James Bond demands the highest glamour-quotient, cue One&Only Ocean Club, host to the opening scenes in Casino Royal. Here the Villa Residence is the ultimate in sophisticated seclusion. Favoured for romantic nuptials in the tropics; couples marry in the extravagant Versailles gardens and host a party on the villa's poolside patio.

Penthouse Residences suggest another level of privacy altogether. One&Only Hayman Island, the coral fringed



GRAND SUNSET RESIDENCE, ONE&ONLY REETHI RAH, MALDIVES

idyll floating above the Great Barrier Reef, offers the Owner's Penthouse, with three bedrooms spread over 195m² you might lose your companion, while a two bedroom Penthouse features bold interiors by Diane von Furstenberg. The One Penthouse at One&Only Cape Town, features grand designs by nature herself, with spectacular views over Table Mountain from a wraparound terrace. This is luxury living over two levels, with private dining from the only Nobu restaurant in Africa and therapies by the best spa on the continent, altogether hard to match.

In Mauritius guests dally on the ocean-front terrace while inside the villa the scene is set for an elegant dinner; the table laid with cut crystal under the watchful eye of a villa host, supported by a team of valets and private chef. This is a classical island residence with the best address in Mauritius, hidden in a peaceful corner of One&Only Le Saint Géran.

Some travellers are searching for the ultimate in discreet solitude. In Dubai, One&Only Royal Mirage delivers virtual secrecy with its luxurious private enclave, only accessible from its own driveway with service provided by an elite villa team. Guests can close out the world to make important decisions; slip into the pool or succumb to a spa treatment. Alternatively in Dubai, One&Only The Palm has a distinctive island atmosphere, guests often arrive by yacht taking up residence in the ultimate Beachside Villa Residences with pools to revive in the sun, lulled by the folding waves. Charlotte Olympia heels or barefoot chic are equally suited.



PRIVATE VILLA WITH POOL, ONE&ONLY THE PALM, DUBAI



VILLA POOL, ONE&ONLY LE SAINT GÉRAN, MAURITIUS

INVENTIVE *mixology*

Many people say the most romantic view in Dubai is from a particular bar at the tip of a palm frond, overlooking the marina, staggeringly lovely when illuminated at night, and one might add a suitably bright stage for the stellar skills of mixologist Philip Myburgh.

Hot from the Cape, where he was in charge of One&Only Cape Town's Vista Bar and Lounge, Myburgh is now establishing a similar reputation at One&Only The Palm. Always on the look-out for new trends he is putting 101 Dining Bar and Lounge at the vanguard of inventive mixology.

It's not just flavours he explores, the visual aspect of a drink is always a vital ingredient; Dubai is a fashionable destination, people like to dress up and the cocktails are made to match. Using simple glassware Myburgh makes bold statements with colours such as his Rosé Rossini; a layer of homemade jasmine syrup, then a strawberry purée and a float of Rosé Champagne, a stunning tri-colour cocktail with an element of depth.

Being a mixologist in Dubai has meant Philip Myburgh has honed some different skills beyond blending. For his rarer concoctions, Myburgh often has to create his own liqueurs such as elderflower, ginger or vanilla infusions. He's delighted though,

BLENDING FRESH LIQUEURS AND INFUSIONS FOR RARE CONCOCTIONS.

SIGNATURE SPICED SANGRIA



INGREDIENTS

- 60ml Red wine
- 15ml Hennessy VSOP
- 15ml Cherry Heering liqueur
- 60ml Fresh mandarin juice
- 15ml Fresh lime juice
- 15ml Monin cinnamon syrup

METHOD

Combine all ingredients in a cocktail shaker and stir for 30 seconds, (*Don't shake as it bruises wine and dilutes the drink.*) Strain over cubed ice into a glass and garnish with sliced lemon, lime, orange and two maraschino cherries.

as it adds an interesting dimension to mixing. Using more fresh fruit is another solution to a missing liqueur or syrup, and he relishes the abundance of imported produce in the Dubai markets. Myburgh notes that including fruit purées follows a trend in mixology generally and recommends trying a fresh blend at home; "take some basil and grapes and muddle them, a splash of gin and dry white wine, mix and serve a tart and refreshing Martini. Perhaps use a Sauvignon Blanc white to make the cocktail a little sweeter."

When asked what the most popular cocktail is at 101 Dining Lounge and Bar Myburgh says the Signature Spiced Sangria, a recipe inspired by the Mediterranean atmosphere, with a blend of homemade sangria and his own spiced syrup.

With its situation on an island, One&Only The Palm seduces guests into relaxation and Myburgh has observed one of the first steps to winding down is to order a fresh exotic cocktail. If guests don't know what they'd like the mixologists are delighted to discuss a flavour they remember or a taste they enjoyed on past travels and together they create a new drink. The recipe is written down, the guest names it and they have their own cocktail to recreate at home. That's inventive mixology.



MIXOLOGIST PHILIP MYBURGH, 101 BAR & LOUNGE, ONE&ONLY THE PALM, DUBAI

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UNWIND, RESTORE AND LEVITATE



*Guests return from this oasis of serenity relaxed,
visibly lighter, virtually floating.*

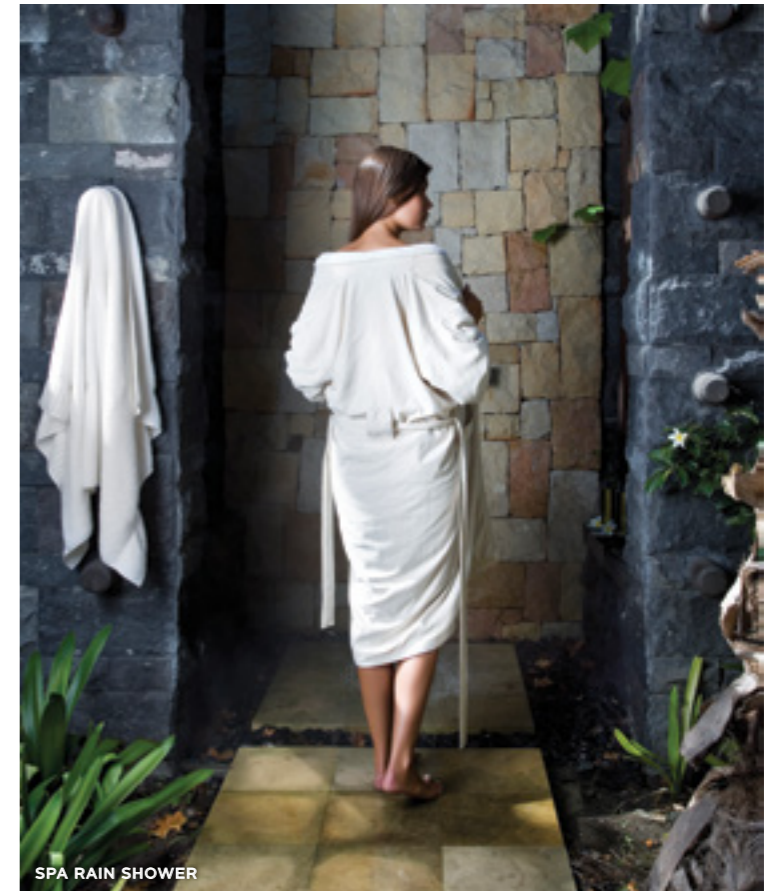
The moment guests step across the footbridge to the lush island spa at One&Only Cape Town they leave behind the cares of the temporal world, putting all emotional and physical strains in the hands of highly professional therapists, entirely dedicated to wellbeing.

This is an oasis with a difference; Spa Executive Manager Rosy Read Larsen is clear that the team pioneered a new approach in South Africa for the most effective wellbeing experience. Treatments are all individually prescribed, therapists combine spa, fitness and diet recommendations, and the influence is more Asian, balancing body and mind rather than just tackling problems using technology. The overall experience is far more soothing, borne out by the gowned guests padding over footpaths by still lagoon waters, with radiant skins and loose in limb.

ONE&ONLY SPA USES ESPA FIRST GRADE ESSENTIAL OILS TO DETERMINE A GUEST'S TREATMENT REQUIREMENTS.

One&Only Spa uses ESPA massage and cleansing oils which were selected for their penetrative qualities. Other creams may feel rich but this is often a result of fatty ingredients; ESPA products send protein deep under the skin, working on two levels for an illuminated appearance and in effect fine-tuning the body system.

While guests make their therapy choice from the spa menu, the treatment will be entirely tailored



SPA RAIN SHOWER

by a skilled therapist who analyses responses to these first grade essential oils and is able to prescribe detox, relax, energise, soothe, invigorate or nourish.

In line with the holistic approach Larsen explains that the new spa packages combine spa therapy with a related fitness session. A unique full body massage using warmed sea shells to melt away tension and stress may be followed with some Pilates to induce further feelings of calm. Assuredly at the end of such sessions the only way out of the spa is on cloud nine.

Therapists also hope to influence guest's wellbeing beyond the spa; they work closely with the resort's gourmet chefs to develop enticing dishes which are delineated on the

menus for health, heart or low calorie. There are also vitamin infused drinks with delicious names like Passionate Apple, Heat Beet and Green Goddess.

When quizzed if the new approach is effective, Larsen modestly refers to Spa Finder's 2013 Crystal Award, naming the spa 'Best in Africa'. So that must be a yes.

ONE&ONLY CAPE TOWN OFFER

From £2,195 per person for
8 nights – saving £1,060

Includes breakfast, flights, private
car transfers & UK lounge passes

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PRIVATE NATURE

A NATURAL PARADISE AND GOURMET HEAVEN FOR THOSE SEEKING SECLUSION ON THE GREAT BARRIER REEF.



THE GREAT BARRIER REEF

There is only one private island plum in the centre of the Great Barrier Reef, where guests can immerse themselves in this natural wonder of the world and simultaneously indulge in the most stylish resort experience.

One&Only Hayman Island is a place to be amazed by a manta ray's seven metre wing span and astonished by the 12 course gourmet dinner. Watching a green tree frog change colour for camouflage is ceaselessly fascinating but equally one would never tire of an Ocean Massage floating on the water, a divine sensory experience. There is only the beauty of nature and this one private resort on Hayman Island, isolation at its most splendid.

Guests arrive by private launch toasted with champagne as they cross the Whitsundays, then are whisked to their Beach Villa, Penthouse Residence or Retreat Room nestled in the lush vegetation.

This extraordinary luxury can all be enjoyed with a clean conscience as the resort assiduously protects the island's natural surroundings, working with the Great Barrier Reef Marine Park Authority to share responsibility for the area's care and supporting a range of research efforts. It is also host to an endangered species breeding programme, with the Proserpine Rock Wallaby finding a new home in the bushland.

Strolling round the island, which is five kilometres in circumference, guests vie to spot indigenous wildlife; electrifyingly colourful blue tiger butterflies, rainbow lorikeets, a sea eagle or the diminutive Boobook Owl whose feathers are so soft its wings flap in lethal silence.

The flora is always vivid with exotica such as the Ixora flowering all year in the tropical warmth. But nothing is more vibrant than the main draw, the Great Barrier Reef with its underwater botanical garden filled with 1,500 species of fish, sea sponges, clams and insanely colourful coral. Guests staying here find themselves in the unique position of being minutes from the inner reef and 15 minutes by sea plane to the outer reef, with views of the famously shaped Heart Reef or deep dives to hear whales singing to each other underwater.

Back to the resort for dinner where the choice of cuisine matches any gourmet capital. Private dining can be anywhere a guest wishes perhaps a sandy promontory, in the lush jungle or on a rocky outcrop; all nature is preserved here for every conceivable pleasure. A natural addition to the One&Only collection of remarkable resorts. Opening July 2014.

ONE&ONLY HAYMAN ISLAND OFFER

From £3,095 per person for 7 nights – saving £1,470

Includes breakfast, flights, private car transfers & UK lounge passes

To book, please call 01244 897507 or visit elegantresorts.co.uk/oneandonly

Special Offers

One&Only

REETHI RAH
Maldives

ULTIMATE GETAWAY OFFER

From £2,575 per person for 7 nights –
saving £3,620 per couple

Includes complimentary half board in a Beach Villa, flights, complimentary shared yacht transfers & UK lounge passes

Travel between 10 May - 31 Jul, 9 Aug - 2 Oct & 8 Oct - 19 Dec 2014

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PALMILLA
Los Cabos

COMPLIMENTARY NIGHTS OFFER

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saving £1,150 per couple

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Includes complimentary half board in a Junior Suite, flights, private car transfers & UK lounge passes

Travel between 20 Feb - 11 Apr, 27 Apr - 17 Oct & 03 Nov - 19 Dec 2014

*Based on 2 adults & 2 children under 12 years.

One&Only

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Dubai

SAVINGS & COMPLIMENTARY HALF BOARD OFFER

From £1,295 per person for 5 nights –
saving £1,000 per couple

Includes complimentary half board in a Palace Superior Deluxe Room, flights, private car transfers & UK lounge passes

Travel between 28 Jun - 10 Oct 2014
Book by 2 May 2014

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OCEAN CLUB
Bahamas

COMPLIMENTARY NIGHTS & BREAKFAST OFFER

From £2,345 per person for 7 nights –
saving £1,890 per couple

Includes complimentary breakfast in a Garden View Room, flights, private car transfers & UK lounge passes

Travel by 18 Dec 2014
Book by 1 Oct 2014

One&Only

CAPE TOWN
South Africa

COMPLIMENTARY NIGHTS OFFER

From £2,195 per person for 8 nights –
saving £1,060 per couple

Includes breakfast in a Marina Harbour Room, flights, private car transfers & UK lounge passes

Travel by 19 Dec 2014

One&Only

THE PALM
Dubai

SAVINGS & COMPLIMENTARY HALF BOARD OFFER

From £1,565 per person for 5 nights –
saving £1,340 per couple

Includes complimentary half board in a Palm Manor House Premier Room, flights, private car transfers & UK lounge passes

Travel between 28 Jun - 26 Sep 2014
Book by 2 May 2014

One&Only

HAYMAN ISLAND
Great Barrier Reef

EARLY BOOKING OFFER

From £3,095 per person for 7 nights –
saving £1,470 per couple

Includes breakfast in a Pool Suite, flights, private car transfers & UK lounge passes

Travel between 1 Aug - 30 Sep 2014
Book by 31 May 2014

To book these offers, please call 01244 897507
or visit elegantresorts.co.uk/oneandonly

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